

Personal Gender Pronoun Options

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The following chart is a quick reference to gendered and gender neutral pronouns. Several versions of gender neutral pronouns are included. Many others exist, but this chart should help you conjugate any type of pronoun.

Subjective	Objective	Possessive adjective	Possessive pronoun	Reflexive	Pronunciation
She	Her	Her	Hers	Herself	Pronounced as it looks
He	Him	His	His	Himself	Pronounced as it looks
Ze	Zim	Zir	Zirs	Zirself	Pronounced as it looks
Sie/Zie	Hir	Hir	Hirs	Hirself	Pronounced: zee, here, here, heres, hereself
Zie	Zir	Zir	Zirs	Zirself	Pronounced: zee, zere, zere, zeres, zereself
Ey	Em	Eir	Eirs	Eirself	Pronounced: A, M, air, airs, airself
Per	Per	Pers	Pers	Persself	Pronounced as it looks
They*	Them	Their	Theirs	Themself	Pronounced as it looks

*Used as a singular personal gender pronoun. Some people object to the uses of plural pronouns as singular on the grounds that it's ungrammatical. In fact, the use of plural pronouns to refer back to a singular subject is not new: it represents a revival of a practice dating from the 16th century. It is increasingly common in current English and is now widely accepted both in speech and in writing. These pronouns are properly used by LGBTQ+ students at FSU.

The best way to learn someone's personal gender pronouns is simply to ask them, while telling them your own. Also, creating a space where personal gender pronouns are publicly seen will show others what you use, show that you have some understanding of gender variance, and provide space to have conversations about gender. Examples of places to have your pronouns listed: email signatures, name tags, resumes, etc.